



PUPIL DILATION

(use of drops to make the pupil larger)

Dilation is recognized as the best way to thoroughly examine the interior of the eye. Dilation allows the doctor a better view of the peripheral retina to check for detachments, holes, tumors, leaking blood vessels and other problems that can be missed when viewing through an undilated pupil.

Dilation is recommended for everyone but is especially important if

- Patient is over 40 years old
- Patient with high prescriptions
- With history of eye disease
- If diabetic, high blood pressure or heart disease
- If exam indicates a possibility of cataract, glaucoma or other retinal disease

Dilation is painless and the effects last from 3 to 5 hours. The most common side effects are increased glare and reduced ability to focus at near. There is normally not a major impact on distance vision, so driving ability should not be affected. If you do not have sunglasses they can be provided for you, just ask. Because we believe this is important to obtaining a complete health exam of the eye there is no additional charge for the procedure.

We do offer Optos imaging as an alternative to dilation. This photo system allows us to view the inside of the eye in the same way as dilation, without any side effects. It takes less than a second to take a quick picture of your retina. There is a small fee associated with this procedure and we would be happy to answer any questions you might have.

I understand the importance of pupil dilation and _____ **do** _____ **do not** give permission for this.

_____ I would like to use the Optos system instead of dilation

Signed _____ Date _____